Cockburn Soundings



the summer of fun is here again!







Each year the City of Cockburn puts on a series of events over summer for local residents: concerts, dances, picnics - all culminating in the legendary Coogee Beach Festival in mid-March.

This year's season is huge - James Reyne, Joe Camiliri and Glen Shorrock will entertain us at the Regional Concert on Saturday, March 10.

Leading up to this event will be a series of FREE Community Concerts on January 27, February 10 and February 24 with a string of entertainers such as Tribute bands ABBR and Queen, Oz Big Band and Countdown.

For more information, check out the calendar later in the Soundings.



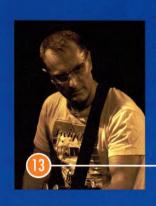
what's inside!

- **6** seniors upcoming events
- 12 children's week
- 13 FREE community concerts

and much more...









Open now! The opening of our first stage redevelopment was on the 13th November. There is now a larger Woolworths supermarket and additional specialty

stores including those listed above. Plus the chance for you to win a fabulous Toyota Yaris from Melville Toyota. Look what we have in store.

13 13 14

9414 6655

9414 3255



MAJOR STORES

Woolworths Woolworths Liquor Ace Asian Supermarket Donut King

Progressive Supa IGA

9498 5248 Eagle Boys 9498 7455 Gateways Fish & Chips 9414 6038 Healthy Life 9498 5000 9414 5900 McDonalds. Micachinos Oven Delights 9498 5599 9414 6759 Red Rooster 9498 5200

FASHION Ed Harry

Kavs Bags Motif Fashion Rockmans Sportz 29 Surfs Up

SERVICES

9414 5444

9414 5222

9414 5222

9414 5816

9498 5388

9414 6785

9498 6599

9414 5600

9498 7811

9414 6317

ANZ Bank Australia Post 9498 5263 13 17 18 **BankWest** BP Service Station • 9498 5966 Checkers 9498 7022 9414 5599 City of Cockburn Library Curves • Farrington Drycleaners Fixit Multi Services 9498 5316 9498 5958 Flight Centre 9414 3182 Francis Logan MLA Gateways Dental Centre 9414 3266 9498 6000 Gateways Newsagency 9498 5222 Head Studio Urban Retreat 9498 7577 9498 5222 Home Building Society 9498 7989 landakot Print 9498 6488 One Stop Auto Parts & Batteries• 9498 5822 9498 5855 9414 4444 **OPSM** Raine & Horne Realty One 9498 7418 9498 5111

HOUSEHOLD			
Baines	9414	6244	
Bedroom Success*	9414	5578	
Carpet Choice •	9414	3070	
Gateways Night &			
Day Phármacy	9498	5977	
Godfrey's	9498	7900	
Half Price Pottery*	9414	3777	
Knives Forks & Allsorts	9498	5888	
Lakes Bikes•	9498	5677	
Pet Magic*	9498	6667	
Plantation Furniture •	9414	5571	
Red Dot Mega Mart	9414	6722	
Tandy Electronic	9414	5948	
Thingz Home and House.	9414	6678	

 Beeliar Drive Complex, formerly South Gate Commercial.



816 Beeliar Drive, Success WA 6164 PO Box 3265 Success WA 6964 T: 9498 5577 F: 9498 5588 www.cockburngateway.com.au



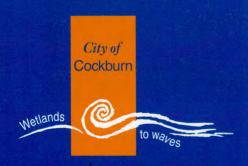
PROGRESSIVE SUPA

Wizard Home Loans.

Salvation Army.

Video Ezy* Volona & Associates

A PROUDLY WA OWNED CENTRE



mail

PO BOX 1215, BIBRA LAKE, WA 6965

office

CNR ROCKINGHAM RD AND COLEVILLE CRESCENT, SPEARWOOD

opening hours

8:30 AM — 4:30 PM

phone

(08) 9411 3444

fax

(08) 9347 1730

email

customer@cockburn.wa.gov.au

web

www.cockburn.wa.gov.au

mayor's message

Every year the City of Cockburn organises a series of concerts, picnics and events for local residents and ratepayers – our **Summer of Fun**.

This year, it's bigger and better than ever. Our three local concerts feature tributes to ABBA, Queen and Countdown, and the Oz Big Band will play jazz, swing and the big band numbers that have become the favourites of every generation.



Our Regional Concert in early March features three legends of Aussie rock: **Glen Shorrock**, **James Reyne** and **Joe Camiliri**, supported by a 12 piece band.

In addition, we've already had our annual Teddy Bears' Picnic , the Rotary Spring Fair and the Seniors Ball – and next week Manning Park hosts the Celebrating Ability event, which is always a fun family day out.

It's shaping up to be a terrific summer in Cockburn – I hope to see you at one of our upcoming events.

As always, if there is anything you think that we can do to improve our city, please don't hesitate to contact me, or one of your local ward councillors – their contact details are listed later in the Soundings.

Contact Mayor Stephen Lee on, 9411 3577 or slee@cockburn.wa.gov.au. Stephen Lee. Mayor.

celebrating ability 2006!



Celebrate with your family and friends at this year's Celebrating Ability at the Universal Playground Manning Park on Friday, December 1, 10am to 1pm..

There will be lots of FREE activities for everyone including the Incredible Creatures Animal Farm, Hubble Bubble, face painting, a horse drawn carriage, entertainment by the Variety Youth Club Choir and best of all FREE ICE-CREAMS for the kids.

So don't miss out!

For more information contact the City of Cockburn on 9411 3431.

whole family and you could even win a bike! All you have to do is join us for a leisurely 2km walk



through your neighbourhood, complete the Streets Alive Colouring Competition and put your entry form in the barrel at each of the walking events and you will be in the running to win a really cool bike, it's that simple!

Keep an eye out for competition forms in your local newspaper or contact Julie Gorman on 0437 806 856.

After the walk, stay back and enjoy a FREE sausage sizzle and FREE entertainment for the kids.

9am registration - 9.30am walk start

Date	Suburb	Start place
Sun, December 3rd	North Lake	Bibra Lake Reserve, Progress Drive, Bibra Lake
Sun, December 10th	Jandakot	Capricorn Park, Dean Rd, Jandakot

For more information contact Julie Gorman on 0437 806 856

walk this way

Walking groups are a great way to meet friends, be social and get some exercise. With summer upon us now's a great time to contact your local walking group and get out into the open air!

Below is a schedule of all the walking groups already on the go - but we're always looking for new groups to start, so if there isn't one running in your area and you would like to get one started, give Russell Tonkin at the City of Cockburn a call on 0439 950 623.

Walk leaders are provided with support and training to get started, a pedometer, water bottle and walk leaders vest.

So what are you waiting for?

Suburb	Contact Person
Atwell / Harvest Lakes	Kerry - 0409 295 283
Coogee	Colin - 9494 1936
Hamilton Hill	Fred - 9434 1545
Southlake	Bernie - 9418 1535
Spearwood	Alison - 9494 1813 Allan - 9494 1187
Yangebup	Carol- 0414 896199 (am only)



cockburn's FAQ

- Q: How do I register my dog and how much does it cost?
- A: Collect a dog registration form from the Customer Services counter at the City of Cockburn.

Prices are:

1 year - unsterilised \$30 or sterilised \$10 3 years - unsterilised \$75 or sterilised \$18 Dangerous Dog fee is \$50 plus registration Pensioners receive a 50% discount on the above fees.

- Q: Can I get a copy of my house plans and how much does it cost?
- A: Yes, either download the forms from the City's website (www.cockburn.wa.gov.au) or come in and speak with one of our Customer Services Officers.
- Q: What are the new pool and spa regulations?
- A: The legislation requires that all pre July 1992 pools and spas up-grade existing barriers to restrict access from your residence to the pool/spa area. This must be done by December 17, 2006. The regulations can be found by visiting the City of Cockburn website (www.cockburn.wa.gov.au)
- Q: How do I find out what's going on in Cockburn?
- A: Cockburn Up-date, the fortnightly e-mail newsletter. To subscribe follow the links on the City's webpage.
 - Summer of Fun Calendar 06-07, this lists all City of Cockburn events taking place from September 06 through to March 07. To obtain a copy of this calendar contact the Public Affairs Officer on 9411 3483 or e-mail tlinford@cockburn.wa.gov.au
 - The Cockburn Soundings is the City's official bimonthly newsletter.
 - What's Happening Newsletter a bi monthly newsletter detailing all the activities and groups that run from the City's halls and community centres.
 - Cockburn Up-Date regular column in the local newspaper.

For more information please contact the City of Cockburn on 9411 3483.

air-conditioners can drive your neighbours crazy!

During the hot summer months many people will turn to their air-conditioners to cool down their homes. Some air-conditioners, however, are extremely noisy and, if they aren't maintained properly and located in the right spot, they can seriously annoy your neighbours.

There are regulations that govern the noise levels allowed at your property. If sound levels from your air-conditioner exceed those stated in the regulations, and become a nuisance to your neighbours, the City's Environmental Health Officers may be forced to issue infringement notices for unreasonable noise, or even instruct that the unit not be used until it is repaired or relocated.

Most air-conditioners sold in Australia have a noiserating label – to ensure that you don't have any problems with noise, you should take the following steps before installing an air-conditioner:

- Buy the quietest unit you can.
- Ensure the installer is aware of the noise regulation requirements.
- Discuss the appropriate location with your installer.
- · Locate equipment as far as possible from neighbours.
- Once the air-conditioner is in position insist that the installer provides you with a guarantee that the set up complies with all relevant regulations and standards.
- Contact the City's Health Service for guidance.



Noise measuring equipment at work

seniors' club calendar

monday	10am to 12noon St Jeromes Seniors. Phone Lucy on 9418 1630	1pm to 3pm South Lake Seniors. Phone Doris on 9414 5772
tuesday	9am to 3pm Cockburn Senior Citizens. Phone Mavis on 9337 3772	10am to 1pm Cockburn Prime Timers. Phone Val on 9337 1680
wednesday	9am to 3pm Cockburn Senior Citizens. Phone Mavis on 9337 3772	
thursday	9am to 3pm Cockburn Senior Citizens. Phone Mavis on 9337 3772	9.30am to 12 noon Coolbellup Leisure Club. Phone Pat on 9417 4059
		12am to 2.30pm fortnightly Southwell Friendship Club. Phone Mim on 9418 3536
friday	11.45am to 2.30pm Atwell Over 50s. Phone Lorna on 9418 4296	



upcoming events

Presented to you by the Regional Seniors Group

Seniors' Centre

The City of Cockburn is proposing to build a purpose-built senior's centre in the Civic Centre on Coleville Crescent, next to the council admin building. The RSG are inviting all seniors in Cockburn to a public community consultation scheduled for January/February 2007. Come along and have your say on all aspects of this wonderful new facility. These community consultations will have a direct impact on the eventual outcomes for the seniors centre. For more info call Alex on 9411 3499.

Happening Seniors - Learning Stream

Free, practical hands-on computer hardware workshops. Come along to one or both of the workshops. Suitable for beginners through to advanced.

Workshop 1 - Basics 1 Dec and 11 Dec 2006 10am - 12 noon.

Cockburn Senior Citizen Centre, 9 Young Place, Hamilton Hill

Speaking the computer jargon.

What is inside the computer and what they are for. Identifying the computer parts.

Getting the most from your computer. Understanding spyware and viruses.

Workshop 2 - Upgrade your computer

8 Dec 2006

10am - 12 noon.

Cockburn Senior Citizens Centre, 9 Young Place, Hamilton Hill

How the major components work.

What makes a computer run slow?

How, when and why to upgrade?

Upgrading the CD/DVD Burner.

Upgrading the RAM (memory) and hard drive. Contact Alex for more info or to RSVP on 9411 3499.

Basic Car Maintenance

Don't know how to check your oil, water and tyres? What is coolant anyway? Call Alex for more info and she can direct you to a workshop near you 9411 3499.



Scratch 'n Win your way to fitness!

Check your letterbox in November for a chance to win a membership!



Scratch a lucky number on our postcard and visit the Centre to claim your prize.

This is the season for setting fit and healthy... IT'S IN YOUR HANDS!



pool entry charges from July 1

Adult	\$4.00
Student [student card reqd]	\$3.00
Family [2 adults, 2 children]	\$11.90
Pensioner [Pens/Snr card reqd]	\$2.70
Spectator	\$1.70
Children Under 5	FREE

Children under 5 must be supervised by a swimming adult

facility charges

Swim - Spa - Sauna - Steam	\$7.30
Pensioner Swim - Spa - Sauna - Steam	\$6.20
Gym & Swim	\$12.00
Fitness / Aquarobics Class	\$7.10
Club 50 Class	\$5.50
Crèche 1st child - 1.5 hours	\$2.60
Crèche 2nd child - 1.5 hours	\$1.50

Call the South Lake Leisure Centre on 9417 3003 to find out about our great value membership packages and multi visit passes.

Yoga

- Improved posture, body alignment & balance
- Stronger & better conditioned muscles
- More flexibility
- Reduce stress & tension



WEDNESDAYS @ 6:30PM STARTING, 18th OCTOBER

FITNESS CLASSES							
TIME	MON	TUES	WED	THURS	FRI	SAT	SUN
8.00 - 9.00am						BODY COMBAT	
9.00 - 10.00am						BODY PUMP	
9.30 - 10.30am	BODY COMBAT	BODY PUMP	BODY SCULPT	BODY COMBAT	CROSS TRAINER		BODY PUMP
10.30 - 11.30am	FIT BALL	BODY BALANCE	FIT BALL	BODY PUMP	BODY BALANCE		BODY BALANCE
BODY CAANCE BULKET							
5.30 - 6.30pm	BODY COMBAT	BODY BALANCE	BODY SCULPT	BODY PUMP	BODY PUMP	LES MILLS BODY TRAINING SYSTEMS	LES MILLS BODY TRAINING SYSTEMS
6.30 - 7.30pm	BODY PUMP	CARDIO SHAPE-UP	BODY COMBAT	BODY BALANCE		BOD LES MILLS BOOY TO	YPUMP,

AQUAROBICS CLASSES South Lake Leisure Centre TIME MON **TUES WED THURS** FRI SAT CLUB 50 CLUB 50 7.30 - 8.30am **CLUB 50 AQUA CROSS** 8.30 - 9.30am Present this voucher to receive 2 for the 9.15 - 10.15am **AQUA BLITZ AQUA TONE AQUA CROSS AQUA TONE AQUA BLITZ** price of 1 entry to a **CLUB 50** CLUB 50 **CLUB 50 CLUB 50** 10.30 - 11.30am **CLUB 50 FITNESS CLASS or AQUAROBICS CLASS** ALID BETWEEN **AQUA CROSS** 6.30 - 7.30pm **AQUA BLITZ AQUA TONE AQUA BLITZ**

Ph: 9417 3003 email: leisure@cockburn.wa.gov.au

Summer Sports Competitions

- Morning & Evening Netball
- Mixed Netball
- Men's Soccer
- Junior & Open Mixed Hockey



NOMINATIONS NOW OPEN! Ph: 9417 3003

email: sports@cockburn.wa.gov.au

PARTY WITH OUR CROC!



- Exclusive inflatable crocodile use
- · Choice of menus
- Free spectator entry for parents
- Ice-cream cake included (min 10)
- Indoor and outdoor play areas
- · Weekends and School Holidays



CALL 9417 3003 TO BOOK YOUR PARTY



Vacation Swimming Lessons

Keep the kids cool in the school Holidays!



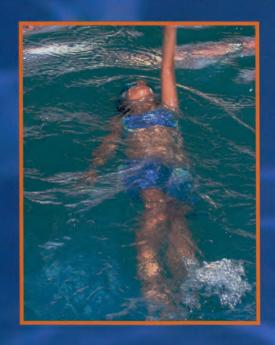
December School Holidays
5 day Series starts from 18th December

January School Holidays
Starts from 2nd January 2007
Choose between a 4, 5 or 9 Day Series.

Lessons for under 5's Swim and Survive Program Stages 1– 15

South Lake Leisure Centre Can offer You

- Small class sizes for vacation program
- · Choice of lesson times
- Class fees includes spectator entry for two adults
- Upgrade available if parents want to swim
- Free assessments before joining program



For more information please call the South Lake Leisure Centre on 9417 3003 or email swim@cockburn.wa.gov.au

WHAT'S ON @ your cockburn library

history @ spearwood library

Frontline Policing in Western Australia

Robert Primrose served in the Australian Police Force for 36 years and rose to the rank of Superintendent. For many of those years he worked alone on the frontline in outback Gwalia, small wheat-belt towns and the suburban regions of Western Australia. He has written a rich account of his experience in providing first response in a self-published book "Frontline policing: on the beat and in the bush (with Mister Bob)"

Robert will recount some of the stories in his book and talk about the sometimes difficult and dangerous conditions of his work. In addition he will give insight into the sometimes difficult process of self-publishing.

Thursday 23rd of November, 10.00am - 11.30am Spearwood Library, Coleville Crescent, Spearwood Phone 9411 3491 for bookings (Refreshments provided)

kids' summer reading club

Kids across Australia will be taking part in an amazing reading quest this Summer.

The Reading Quest begins in December...

Step 1. Join the quest @ your library and get your free fun-pack. Step 2. Read ten books over the Summer Holidays. Step 3. Drool over the prizes on display @ your library.



Step 4. Party! The winners will be drawn at our end of holidays extravaganzas!

Free fun & amazing prizes for kids @ your library

spydus 8 delivers

There is no excuse now not to be a member of Cockburn Libraries - join the library for the first time from the comfort of your own home by going to



http://library.cockburn.wa.gov.au and clicking on the 'Join Online' link. Then you can make use of all the wonderful services Cockburn Libraries has to offer IMMEDIATELY!!!

Spydus 8, the new library system recently installed at Cockburn Libraries, introduces new and enhanced online services, available 24 hours a day, to allow you to search the catalogue, reserve books, renew loans or request items. Login using your library membership number and PIN and check out just what the library has to offer.

It's everything you need at your fingertips. You can even set up an alert to let you know when your favourite author's new book arrives or when the library adds new DVDs or CDs to the library.

So don't miss out – all this is free and you don't even have to leave home to find it!!

writing @ spearwood library

The Tapestry Writers' Group is a local writers' group keen on motivating the cultural fabric and life of the City of Cockburn. If you are a beginner or already write poetry, short stories, plays or non-fiction and are looking for support and encouragement, then you are welcome to join this group. Feedback can be provided or you may just want to share your work in a friendly environment. Come along and play with words.

The group meets fortnightly on Tuesdays from 10am to 11.30am at Spearwood Library, Coleville Crescent, Spearwood. The cost is \$2.00 per session and refreshments are provided. Phone Luba Kambourakis on 9411 3633 for details.



children's week celebrations

The Coolbellup Community Centre put on food and fun on Saturday, October 21 for the residents of Cockburn in celebration of Children's Week (16 Oct – 22 Oct).

The event aimed to bring together the community for some wholesome family fun. There was a fabulous display by the Spineless Wonders Exhibition and free activities for the kids, a real life fire truck which kids could not get enough of, they even got to squirt the hose!

There was a hands-on art and craft stall that had all the kids making sparkling jewellery for the whole family as well as colouring-in to their heart's content.

So whilst their children played, parents were able to sit under a shady tree and enjoy some lunch. At the end of the event, children were all played-out, parents and neighbours had made new friends and the day was a huge success!







crematorium

Cockburn Mayor Stephen Lee says that residents of Cockburn should take a moment to think about the heritage of the area, after the



National Trust announced that it was listing the crematorium and cemetery at Woodman Point last month.

Mr Lee says that, despite the common perception of Cockburn as part of the fast developing 'new south', the area has a rich history that needs to be preserved.

"This is Australia's oldest crematorium, and it's probably also the first one built in the country – people don't always associate that kind of history with the City of Cockburn, but it's there," said Mr Lee.

"We need to make sure that we work hard to preserve our history."

The crematorium and cemetery is part of the Woodman Point Quarantine Station, which was first used as a quarantine site in 1852, when troops aboard the Anna Robertson were detained there to help prevent an outbreak of whooping cough.

The Woodman Point Quarantine Station was also the State's leprosarium, the official bubonic plague isolation hospital and crematorium, and a significant place of death for service personnel infected with influenza following World War 1.

playclub for three year olds in 2007

Lead by a trained play leader, these fun sessions will help introduce your child to learning.

- · Books and puzzles
- Music and movement
- · Art and craft
- · Outdoor activities and
- · Social skills

Enrol now for next year, and give your child a head start.

Atwell Community Centre, Lombe Gardens Mondays 9.45am - 11.45am Playfactory, 19 Becket Close, Munster Only \$75 per term Call Barbara on 9411 3431 or e-mail barbara@cockburn.wa.gov.au



Joe Camiliri and Clen Shorrock

teddy bears' picnic 2006

Cockburn children came out in their thousands for the City of Cockburn's Annual Teddy Bears' Picnic.

Kids from all around Cockburn came with Teddy Bears in tow, ready to have a ball. They were treated to lots of free activities including tractor train rides; face painting, bouncy castles, pony rides and animal farm.

The Kangaroo Creek Gang had the kids on their feet, singing and dancing and many were lucky enough to have their photo taken with the characters from the Gang.

Teds even got a bit of TLC by visiting the Teddy Bear Hospital and getting the all clear from the nurses on hand and a certificate. Other Teds were groomed and fluffed by the ladies from the Spearwood Library.

At the end of the day there were some very tired faces from all the fun that was had at the Teddy Bears' Picnic.

and Sand Castle Combi



seniors had a ball

Presented by the Regional Seniors Group

The Regional Seniors Group are proud to announce that they were recently nominated for the category of active ageing leadership award by the Minister for Seniors and Volunteering as part of BankWest Seniors Week.



Waltzing Away



Getting in the Swing



Barbara and Lorna



Line dancing ladies



Entertainers - Heel to Toe Bushband

your councillors

WEST WARD

Spearwood, Coogee, Hamilton Hill

Kevin Allen Linda Goncalves 9434 9193 | mob: 0419 901 735 | kallen@cockburn.wa.gov.au

mob: 0401 557 560 | Igoncalves@cockburn.wa.gov.au

9418 6117 | mob: 0407 388 139 | tromano@cockburn.wa.gov.au

CENTRAL WARD

Tony Romano

Coolbellup, Bibra Lake, Yangebup, Munster, Beeliar, Henderson, Wattleup

Val Oliver Sue Limbert Julie Baker 9337 1680 | mob: 0438 377 538 | voliver@cockburn.wa.gov.au 9418 6202 | mob: 0438 195 769 | slimbert@cockburn.wa.gov.au

mob: 0423 146 226 | jbaker@cockburn.wa.gov.au

FAST WARD

North Lake, Leeming, South Lake, Jandakot, Banjup, Success, Atwell, Hammond Park, Aubin Grove

Richard Graham (Deputy Mayor) Amanda Tilbury

Ian Whitfield

9414 5036 | mob: 0408 503 600 | rgraham@cockburn.wa.gov.au

9498 5317 | mob: 0407 310 376 | atilbury@cockburn.wa.gov.au 9414 5245 | mob: 0421 421 724 | iwhitfield@cockburn.wa.gov.au

local heroes wanted for oz day awards



We'd like you to nominate an outstanding individual or group for one of this year's *Premier's Australia Day Active Citizenship Awards*.

These Awards celebrate the contribution that active people make to our community. These contributions can come in many forms – they are for the ordinary people who make an extraordinary difference to our community.

fold along green line

Here's how it works;

There are three categories of Award you can nominate;

- Outstanding contribution by a local citizen aged 25 or over
- Outstanding contribution by a local citizen under 25 years of age
- Outstanding contribution by a local group or community event

Complete the nomination form on the back, fold along the dotted lines and post to us **by no later than COB Friday**, **8 December 2006**.

For more information on eligibility, or copies of the form to print out, please visit www.ausdaywa.com.au.

The winning nominee in each Award category receives a framed certificate and a gift to the value of \$200. The person who nominates the winner in each category also receives a prize to the value of \$50.

The Awards will be presented at a special Council Australia Day ceremony on Friday, January 26, 2007. For more information contact the Public Affairs Officer on 9411 3483 or e-mail tlinford@cockburn.wa.gov.au

fold along green line

Delivery Address: PO Box 1215 BIBRA LAKE DC WA 6965 No stamp required if posted in Australia

City of Cockburn
Reply Paid 1215

Reply Paid 1215
BIBRA LAKE DC WA 6965

premier's australia day active citizenship awards nomination form

Nomination for:	How has the nominee's contribution been recognised			
 Premier's Australia Day Active Citizenship Award for a person of 25 years or older 	elsewhere?			
 Premier's Australia Day Active Citizenship Award for a person under 25 years 				
 Premier's Australia Day Active Citizenship Award for a community group or event 				
Title (Mr, Mrs, Ms, Miss, Dr)				
Given Names				
Surname	NOMINATOR			
Group (if applicable)	Name Address			
Address				
Suburb/TownStatePostcode	Suburb/TownState			
Telephone (H)(W)(W)	Postcode			
	Telephone(H)(W)			
Reason for nomination	Email			
	Others willing to support your nomination			
	Name			
	Address			
	Suburb/TownState			
	Postcode			
	Telephone(H)(W)(W)			
How has the nominee demonstrated active citizenship and enhancement of community life?	Email			
	Name			
	Address			
	Suburb/TownStateState			
	Postcode			
	Telephone(H)(W)(W)			